

### **1. For mental health issues**

Lifeline 24 Hour service (including if suicidal): 13 11 14

Primary and Community Care Thornleigh: 9477 8700

If you are seriously concerned about someone, you can call the Mental Health Team; they will talk you through: 1800 011 511

If person is seriously suicidal and threatening to kill themselves, call 000.

### **2. Domestic Violence and Family Care**

Catholic Care, for family counselling or domestic violence issues. General Counselling, Waitara: 94882471

### **3. Homelessness**

For people about to become homeless; Case Management Hornsby: 94802500

### **4. Financial counselling**

Lifeline, Gordon: 9498 8805

### **5. Legal advice**

Law Access: 1300 888 529

This is a free service. Hours: 9-5 pm weekdays.

### **6. Hornsby Hospital: 9477 9123**

Ask to speak to a social worker if you have concerns about a person.

### **7. Additional services**

Attachments contain additional information on:

- Handy contacts in the Hornsby Region;
- Free meals in the Hornsby local area;
- Service Directory of the Sydney Archdiocese Central Council

Please contact me if you need further information.

As previously discussed, persons requiring assistance from the Pennant Hills conference should contact the Hornsby Client Support Centre so that their specific needs and assistance can be best assessed.

Contact details:

Phone: 9477 5010

Address: 41 Jersey St Hornsby